

Bay Area Sober Services

*Supporting the Recovery Community
of the San Francisco Bay Area*



Living sober in the Bay Area requires a dependable, highly accessible support system. This is what we provide.

The needs of San Francisco Bay Area people in recovery are unique and oftentimes intensive. At Bay Area Sober Services, we have developed a portfolio of services and facilities designed to meet every need of people in long term recovery, just heading into treatment, and recently entering life after treatment. We also provide services designed especially for adolescents and their families. Our sober services include...

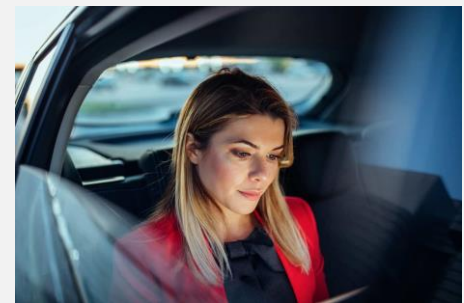


Sober Companion Services

Our sober companions provide a highly personalized, comforting, and guiding presence for those in early recovery. We offer anytime, anywhere access to personalized recovery support in the form of an experienced, sober professional who has walked in your shoes, understands the daily challenges you face, and is prepared to provide guidance and one-on-one mentoring for you as you navigate your recovery journey. He or she will work with you to discover what makes you thrive in your new life of sobriety. Whether it's accompanying you for exercise, visiting an art gallery, shopping, or being by your side on a vigorous hike or trip to the beach, your sober companion will be a steadfast, comforting, and sober presence for you.

Sober Transportation Services

Whether you're the family member of a loved one entering treatment or an adult heading for treatment yourself, you can count on Bay Area Sober Services to provide safe and secure transportation to the treatment facility you have chosen. Our Sober Transportation service is not merely a vehicle to get you from point A to point B. We're so much more than a taxi or Uber. Your driver will be an understanding, compassionate, and sober person committed to making your trip as comfortable as possible while tending to your specific situation and needs. We are also available to provide secure transportation for adults who have completed treatment and are traveling home or stepping down to an extended care or sober living facility.



Relapsed Adult Location Services

Driven by shame, disappointment in one's self, and the pain of perceived failure, isolation during a relapse episode is a common occurrence. The professionals at Bay Area Sober Services can help locate these isolating individuals. We offer a unique ability to not just locate the missing individual, but also deploy a "mobile rehab" of sorts, meeting the individual right where he or she is, whether it be a hotel, apartment, or on the street, and providing a compassionate intervention and on-the-scene counsel. Our goal is to work closely with isolated individuals wherever we may locate them, and transport them to healthier, safer situations at one of our sober living safe houses where they are able to resume their recovery journeys.

"Having walked in these shoes myself, I am fully equipped with the compassion, empathy, and understanding required to help men and women in recovery overcome their unique challenges and maintain a healthy, happy, and purpose-driven sober lifestyle." – Peter Hau, Founder & CEO



Sober Living Safe House

Our Sober Living Safe House is a warm, inviting, and encouraging environment designed to foster a sober life. Whether you prefer the camaraderie of a shared room or the privacy of a sober suite, you'll find yourself in a tranquil atmosphere, free to focus on your evolving recovery. We stress the importance of regular exercise, healthy bodies, and spiritual growth. Our residents are encouraged to connect with their physical and inner selves. We make available a range of amenities to nourish both mind and body including: Gym Membership, Yoga & Meditation, Nutritional Education, WiFi, and Cable. We also offer case management services to ease the transition of clients entering our homes following primary treatment.

Extended Care Safe House

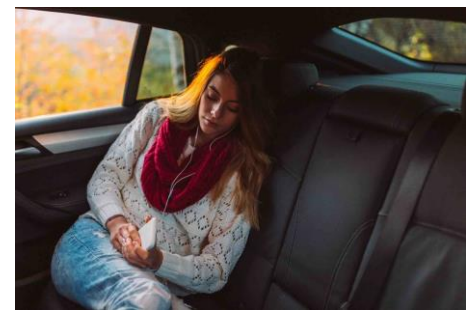
Our Extended Care Safe House is designed for those who have experienced a relapse and require a structured sober living environment with an added layer of services. Clients here are offered extensive one-on-one attention, CBT, and personalized recovery coaching. Clients are expected to participate in random UA, adhere to a schedule and house rules. We also offer case management services to ease the transition of clients entering our sober living safe houses following primary residential treatment. These added levels of structure are intended to shield vulnerable clients against additional relapses. Additionally, clients receive: Gym Membership, Yoga & Meditation, Nutritional Education, and the Pelorus Health Tracker App.



Runaway Teen Location, Intervention & Transport Services

Our Runaway Teen Location Services are designed for families of teens 13-17 years of age. The professionals at Bay Area Sober Services are experienced in the investigative expertise required to locate a teen on the run and safely and securely transport her back to her family or to a residential treatment program. We also offer surveillance services to help identify the location, activities, associates, and movements of missing teens for concerned families. We can also provide an intervention for the teen if requested by the family. We can provide the parent or legal guardian a detailed report and develop a comprehensive plan to engage the teen in a "wellness check".

The decision to send your adolescent son or daughter to residential treatment for substance use disorder, behavioral problems, or mental health issues, is one of the most difficult you'll ever make. Many families find that it is easier to say their goodbyes and "I love you" in the privacy of their own home and use a professional third party to transport their teen to treatment. This can help minimize the chances of an emotionally charged situation upon admission. Having a responsible third party providing supervised, secure, and compassionate transportation and counsel on the journey to treatment creates a sense for the teen that there is no turning back, making the handoff to the treatment provider easier.



Meet Peter Hau, Founder & CEO, Bay Area Sober Services

A registered member of the California Association of Alcoholism & Drug Abuse Counselors, a registered Addiction Specialist, and a veteran employee of several addiction treatment centers and clinics, Peter Hau is a skilled and experienced professional poised 24/7 to serve individuals and families in need. Peter is a graduate of the CCSF Alcohol and Drug Studies program and the College for the Advanced Study of Addictive Disorders at the Breining Institute. He is also a Registered Member of the California Association of Alcoholism & Drug Abuse Counselors (CAADAC/CAADE) and has earned R.A.S. Certification. For questions about any of these services, and others we offer, please call Peter at (415) 596-3269.